Step counter. Analysis and Reports

Mari Opstad - 2026-03-12 - Comments (0) - Health

Step counter. Analysis and Reports

This guide explains how to analyze step data in the Health tab in the Administrationssystem.

Step counter shows

- Average steps per day
- Bar chart displayed day by day
- Overview of today’s steps distributed throughout the day

You can filter by the desired period.

Download step counter report

Click “Download step counter report” to retrieve documentation for the selected period.

Tips

- Use the average to identify changes in activity levels.
- Compare different periods to track development over time.