Health overview for a citizen

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Health overview for a citizen

This guide explains how the Health tab in the Administration System works and how to use it to gain a comprehensive overview of a citizen’s activity level and fall events.

The Health tab provides insight into the citizen’s movement patterns over time and helps identify changes in behavior.

How to find Health

1. Go to Citizens in the menu
2. Select the relevant citizen
3. Click on Health

Data is displayed automatically for the selected period. You can change the period by selecting a from- and to-date.

What does Health include?

The Health tab consists of three main areas:

1. Activity

Provides an overall overview of registered movement-related events.

This includes:

- Fall alarms
- Notifications of deviations in step level
- This gives a quick overview of whether the citizen’s activity pattern has changed.

2. Falls detected

Displays statistics on recorded falls within the selected period.

Includes:

- Bar chart showing the number of falls

- Breakdown between automatic falls and manual alarms
- Handling status

Falls are only shown in the overview once they are:

- Confirmed
- Cancelled
- Or not handled within 24 hours (registered as unknown)

This ensures that the analysis is based on finalized events.

3. Step counter

Displays the citizen’s activity level based on the number of steps.

Includes:

- Average steps per day
- Daily overview in a bar chart
- Distribution of steps throughout the current day

This makes it possible to identify changes in activity levels over time.

Data from multiple devices

If the citizen has multiple devices, data is automatically consolidated in the Health tab.

This means that falls and steps from all associated devices are displayed together.

What can Health be used for?

- Identifying fall patterns
- Detecting changes in activity levels
- Documenting development over time
- Supporting professional assessments

Tips

- Use date filtering to compare different periods.
- Review the Health tab regularly for citizens with increased fall risk.

- Combine fall and step analysis to gain a more nuanced understanding of the citizen’s situation.