What features does Care Tracker have?

Mari Opstad - 2026-02-09 - Comments (0) - Getting started

What features does Care Tracker have?

In short:

Care Tracker is designed to create peace of mind for both the user and their relatives. The watch makes it easy to stay connected, track movement, and respond quickly if something unexpected happens — all directly through the **Care Tracker app**.

Here are the main features:

Real-time GPS tracking

See where the watch is located.

- The watch automatically sends its position every **10 minutes**.
- When you activate **Find GPS**, the location updates every **15 seconds** so you can follow the movement live.

Geofence

Create safe zones on the map.

- You'll receive a notification if the watch moves **outside a defined area**.
- You can create multiple geofences — for example, around **home**, **work**, or a **summer house**.

Emergency call

Quick contact in case of emergencies.

- The user can hold the button on the watch for **3 seconds** to call a **preselected phone number**.
- This function can be turned on or off in the app.

Whitelisted phone numbers

Control who can call the watch.

- You can activate this feature and add up to **5 whitelisted numbers**.
- Only the people you choose will be able to call the watch.

Notification settings

Customize how you receive alerts.

- You can enable or disable **sound** and **vibration**.
- You can also choose different tones for **alarms** (e.g., geofence alerts) and **warnings** (e.g., low battery).

Step counter

Keep track of daily activity.

- Displays the number of steps directly on the **watch face** when the feature is enabled.
- Can be turned on or off in the app.

Watch face design

Personalize the look of the watch.

- Choose between **analog and digital** designs.
- Change it directly in the app — updates take effect immediately.

Tip:

All features can be customized individually for each watch if you have multiple Care Trackers connected to the app.