How do I turn the step counter on or off?

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In short:

The watch has a built-in **step counter** that tracks how many steps the user takes throughout the day.

How it works:

If the function **is enabled** in the Care Tracker app, the **watch face will display the number of steps taken**. The step counter works automatically as long as the watch is being worn. If you turn the function off, the step count will no longer appear on the watch face.

How to turn the step counter on or off:

1. Open the **Care Tracker app**.
2. Select the watch you want to change.
3. Go to **Settings**.
4. Choose **Step counter**.
5. Turn the function **on or off**.

Tip:

If the step counter doesn’t display numbers on the watch face, check that it’s enabled in the app. The watch must be worn on the wrist to register steps correctly.