How do I set up the emergency call?

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In short:

You can easily activate the **emergency call function** in the Care Tracker app. When enabled, the user can hold down the button on the watch for **3 seconds** to call a **preselected phone number**.

Step-by-step:

1. Open the **Care Tracker app**.
2. Select the watch you want to change.
3. Go to **Settings › Emergency Call**.
4. Turn **on** Emergency Call.
5. Enter the **preselected phone number** the watch should call in case of an emergency.
6. Tap **Save** to activate the function.

Tip:

Choose a number that is almost always reachable – for example, a close family member. You can change the number later in the same menu.

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