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## How do I limit who can call the watch?

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## How do I limit who can call the watch?

### In short:

You can choose to allow only specific phone numbers to call the watch. This is done in the Care Tracker app by activating the **Whitelisted phone numbers** feature.

### Here's how:

1. Open the **Care Tracker app**.
2. Select the watch you want to change.
3. Go to **Settings**.
4. Choose **Whitelisted phone numbers**.
5. Turn on **Enable whitelisted phone**.
6. Add **up to 5 phone numbers** that should be allowed to call the watch.
7. Tap **Save** to activate the changes.

### Important:

When this feature is enabled, only the numbers you've added can call the watch.

Remember to **include your own phone number** on the list if you want to be able to call the watch.

### Tip:

You can edit the list at any time if you want to add or remove a number.

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- [What are whitelisted phone numbers?](#)